

Lunch Menu

Buddha bowls

The vegan bowl– avocado, chickpeas, quinoa, spinach, kale, sweet potato, and chia seeds with creamy cashew apple cider dressing **17.00**

Cajun chicken quinoa bowl - Cajun chicken, quinoa, olives, feta, cherry tomatoes, avocado, spinach and kale with olive oil balsamic dressing **17.00**

Pumpkin and zucchini stack– spiced pumpkin and zucchini fritters on a bed of salad topped with micro herbs and tahini dressing **17.00**

Bean Tree Burgers add salad for 2.00

Cajun Chicken Burger – Cajun spiced chicken with guacamole, aioli, tomato and crispy lettuce served on locally baked carrot and multi-grain bun **16.00**

Vegan Burger – Middle Eastern flavoured chickpea patty, mushroom, relish, lemon tahini, tomato and crispy lettuce served on locally baked carrot and multi-grain bun **16.00**

Steak sandwich – 200g sirloin steak, roasted mushroom, baby spinach, caramelised shallots, avocado and aioli served on locally baked panini **19.00**

Salads

Happy farmer salad – locally grown organic vegetables see special's board for today's creation **18.00**

Greek Salad with falafel patties – Falafel patty with Greek style salad and tzaziki **17.00**

Apple Wood Smoked Duck– Crispy skinned smoked duck served with caramelised roast vegetables, baby spinach, sunflower shoots and saffron mayo **22.50**

Nacho's Corn chips, house made Mexican beans, sour cream, guacamole, tomato salsa and mozzarella **16.00**

Bean Tree Toasties

Cheese, tomato & onion **8.00**

Ham, cheese, tomato & onion **9.00**

Salmon, pesto, fetta & Spanish onion **10.50**

Chicken, cheese & avocado **10.50**